



About The Path of the Horse

Since our establishment as a registered Charity in 2016, The Path of the Horse has been a beacon of support for self-managed and plan-managed NDIS participants. Our approach has proven invaluable in assisting people of all ages, backgrounds, and needs to manage life's challenges. Our approach is not just effective; it's a compassionate journey toward positive change, better mental health, and overall well-being.

Equine-Assisted Learning and Psychotherapy

Our holistic sessions are provided in well-established indoor and outdoor facilities surrounded by beautiful bushland. We offer a wonderful blend of nature, horse interaction, well-being, learning and personal development opportunities. Participants are always empowered to have choice and control in our work together.

No prior horse experience is necessary. Participants may be gently invited to observe, meet or simply share space with one or more of our horses. Relating personal experiences to horse behaviour can establish connections and deep bonds.

Some participants may also explore practical experiences, such as horse care or supervised lead work, that instil purpose, trust, and resilience. Translating these skills and experiences to daily life is a valuable aspect that allows participants to apply what they learn in the program to various real-world situations.



Contact Details

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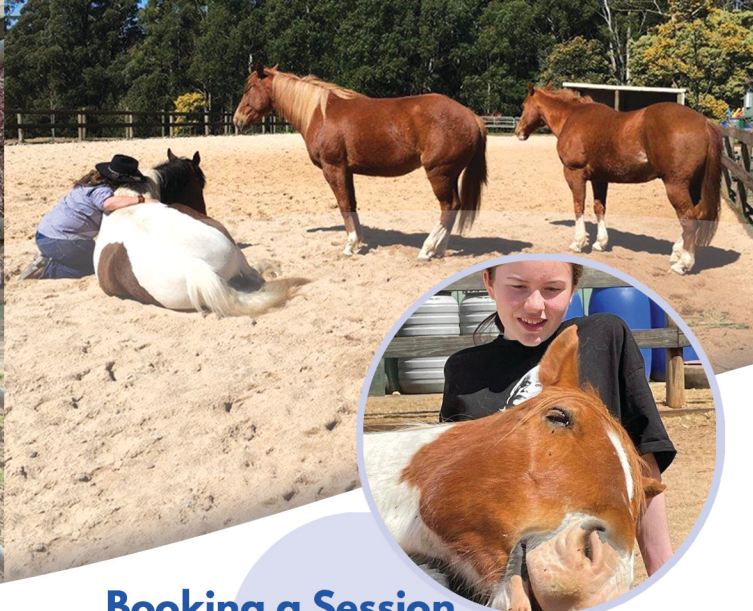


NDIS Support

Equine-Assisted Therapy and Equine-Assisted Learning

Our empathetic and caring staff value, respect, and embrace the diversity of each individual's uniqueness. We welcome people just as they are.





NDIS Participant's Goals

Every session is meticulously tailored to each NDIS participant's goals and preferences.

Some of our focus areas can include:

- Self-regulation
- Awareness of self and others
- Communication
- Confidence building
- Resilience strengthening
- Responsibility development
- Trust enhancement
- Relationship and social skills
- Boundary consciousness
- Solution resolution
- Independent living skills
- Mental health and overall well-being



Booking a Session

When booking a session, please let us know what the NDIS participant wants to work on so we can match them with the most suitable practitioner.

Donna Broadbent - Equine-Assisted Learning Specialist
 donna@pathofthehorse.com.au
 0488 353 248

Dean Mighell - Clinical Counsellor, Psychotherapist/Equine-Assisted Therapist
 dean@pathofthehorse.com.au
 0418 354 362

Michelle Bourne - Community Engagement
 michelle@pathofthehorse.com.au
 0493 865 538

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 351 Domino Road, Trentham,
 Victoria 3458
 PH: 0418 354 362



The Path of the Horse Location

The Path Of The Horse is located just a few minutes from the beautiful town of Trentham, and just a short drive from Melbourne and other major regional towns.

PLEASE NOTE that all visits are strictly via appointment to allow us to give our scheduled guests undivided attention.

Travel Times: Melbourne - Trentham 90 mins
 Ballarat - Trentham 70 mins
 Bendigo - Trentham 60 mins

